

AMENDMENT OF SPECIFICATION

On Page 2, delete the 2nd Paragraph and header.

On Page 2, delete the 3rd Paragraph and header.

On Page 3, amend the 2nd Paragraph as follows:

--To solve the problems mentioned above, the invention ~~according to Claim 1~~ is an exercise assisting instrument for assisting knee-bending exercise being characterized in that, a lifting device always positions a chair for supporting a user's body near buttocks of the user, which moves upward and downward together with the knee-bending exercise, whereby the user doing the knee-bending exercise may sit at the chair any time, accordingly the user may do the knee-bending exercise safely.--

On Page 3, amend the 3rd Paragraph as follows:

--To solve the problems mentioned above, the invention ~~according to Claim 2~~ is the exercise assisting instrument ~~defined in Claim 1~~ being characterized in that, said lifting device raises the chair in conjunction with pulling movement of user's arms when a user stands up with pulling user's arms. --

On Page 3, amend the 4th Paragraph as follows:

--To solve the problems mentioned above, the invention ~~according to Claim 3~~ is the exercise assisting instrument ~~defined in Claim 1 or 2~~ being characterized in that, said lifting device comprises a base; a pair of supporting columns formed on the base; a pair of lifting mechanisms having --

On Page 4, amend the 2nd Paragraph as follows:

--To solve the problems mentioned above, the invention ~~according to Claim 4~~ is the exercise assisting instrument ~~defined in any of Claims 1-3~~ being characterized in that, said lever arms have length adjusting devices so the user may adjust the length thereof corresponding to

user's body size. --

On Page 4, amend the 3rd Paragraph as follows:

--To solve the problems mentioned above, the invention according to Claim 5 is the exercise assisting instrument defined in Claims 3 being characterized in that said upward movement assisting device is made of an elastic member which is connected between said stopper and said connecting member. --

On Page 4, amend the 4th Paragraph as follows:

--To solve the problems mentioned above, the invention according to Claim 6 is the exercise assisting instrument defined in Claim 4 being characterized in that, said lifting device comprises a base; a pair of supporting columns formed on the base; a pair of lifting mechanisms having lifting arms connected to each other at first hinge points, one ends of lifting mechanisms being rotationally connected to said supporting columns and other ends thereof moving upward and downward along said supporting columns, and said one ends serving as second hinge points; a pair of lever arms having handle-parts at their ends & r the user to grip; a connecting member for connecting the first hinge points of the paired lifting arms to control the movement of said paired lever arms; a lifting linkage having a—

On Page 5, amend the 2nd Paragraph as follows:

--To solve the problems mentioned above, the invention according to Claim 7 is the exercise assisting instrument defined in Claim 6 being characterized in that, said lever arms have length adjusting devices so that the user may adjust the length thereof corresponding to user's body size. --

On Page 5, amend the 3rd Paragraph to Page 6 as follows:

--To solve the problems mentioned above, the invention according to Claim 8 is the exercise assisting instrument defined in Claim 4 being characterized in that, said lifting device comprises a base; a pair of supporting columns formed on the base; a pair lifting mechanisms having lifting arms connected to each other at first hinge points, one ends of lifting mechanisms being rotationally connected to said supporting columns and other ends thereof moving upward

and downward along said supporting columns, and said one ends serving as second hinge points; a pair of lever arms which move upward and downward in conjunction with the upward-downward movement of said moving ends; a connecting member for connecting the first hinge points of the paired lifting arms to control the movement of said paired lever arms; a pair of wire members, each having an end which is used as a pulling end part pulled by the user and an other end which is connected at the first hinge point of said lifting arms so that the moving ends of said lifting arms may be moved upward by pulling said pulling end parts; and, an upward movement assisting device for urging an assisting force in a direction that said lifting mechanism moves upward, wherein said lifting device partially assists standing-up movement of the user and lightens a burden of the knee-bending exercise when the user stands up and pulls said lever arms upward with gripping said hinge-parts. –

On Page 6, amend the 1st Paragraph as follows:

--To solve the problems mentioned above, the invention ~~according to Claim 9~~ is the exercise assisting instrument ~~defined in Claim 8~~ being characterized in that, said lifting rums have winding devices for winding said wire members at the first hinge points. –

On Page 6, amend the 2nd Paragraph as follows:

--To solve the problems mentioned above, the invention ~~according to Claim 10~~ is the exercise assisting instrument ~~defined in Claim 8 or 9~~ being characterized in that, said lever arms have an angle adjusting device so that the user may adjust the angle of said lever arms corresponding to user's body size. –

On Page 6, amend the 3rd Paragraph as follows:

--To solve the problems mentioned above, the invention ~~according to Claim 11~~ is the exercise assisting instrument ~~defined in Claim 6 or 8~~ being characterized in that, said upward movement assisting device is made of an elastic member, which is connected between an upper end of said supporting column and the first hinge point of said lifting arms. –

On Page 6, amend the 4th Paragraph as follows:

--To solve the problems mentioned above, the invention according to Claim 12 is the exercise assisting instrument defined in Claim 3, 6 or 8 being characterized in that, said chair moves upward and downward in conjunction with the upward-downward movement of the moving ends of said lifting arms, wherein said exercise assisting instrument further includes an upward movement stopper to stop said chair at a designated position of height.

On Page 6, amend the 5th Paragraph as follows:

--To solve the problems mentioned above, the invention according to Claim 13 is the exercise assisting instrument defined in Claim 12 being characterized in that, said chair has an adjusting device for moving the chair backward and forward so that the position of the chair may be adjusted to a suitable position to the user. —

On Page 6, amend the 6th Paragraph as follows:

--To solve the problems mentioned above, the invention according to Claim 14 is the exercise assisting instrument defined in Claim 12 or 13 being characterized in that, said chair has a structure able to tilt forward so that the user may easily stand up when some part of the user's body touches said chair to tilt forward.—

On Page 6, amend the 7th Paragraph to Page 7 as follows:

--To solve the problems mentioned above, the invention according to Claim 15 is the exercise assisting instrument defined in Claim 12 being characterized in that, said stopper is a column member established under said chair and supports said chair at the upper part of said column member when said chair moves downward. —

On Page 7, amend the 1st Paragraph as follows:

--To solve the problems mentioned above, the invention according to Claim 16 is the exercise assisting instrument defined in Claim 3, 6 or 8 being characterized in that, said exercise assisting instrument further includes, an assisting force adjusting device that may even the assisting forces of said upward movement assisting devices and also may adjust the force thereby the assisting force being adjusted according to the user's condition. —

On Page 7, amend the 2nd Paragraph as follows:

--To solve the problems mentioned above, the invention ~~according to Claim 17~~ is the exercise assisting instrument ~~defined in Claim 1~~ being characterized in that, said exercise assisting instrument further includes a counting a number of knee-bending exercises of the user.—

On Page 7, amend the 3rd Paragraph as follows:

--To solve the problems mentioned above, the invention ~~according to Claim 18~~ is the exercise assisting instrument ~~defined in Claim 3, 6 or 8~~ being characterized in that, said base has slip stoppers to prevent slipping so that the user does not slip. —

Amend the Abstract as follows:

--An exercise assisting instrument, ~~having a device which assists a force needed to the user's knee-bending exercise, and lightens a burden and maintains safety of the user in knee-bending exercise, and also having a simple structure and low production cost because no need of power source from outside is provided.~~ In a exercise assisting instrument 1 comprising It has a base 10, supporting columns 20, lifting mechanisms 30 consisting of lifting arms, lever arms 40, and a chair 50. A three-member linkage system is formed by the supporting columns 20 and the lifting mechanisms 30, so that the chair 50 may move upward and downward. Further, ~~the exercise assisting instrument 1~~ it is equipped with an upward movement assisting device 33, which provides a force in the raising direction to the hinge point 30a of the lifting arms, so that stand-up movement of the user is assisted and lightening the user's burden is possible. Moreover, a locking device 11 and a stopper 13 are equipped, so the user's safety may be improved.